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MONDAY APRIL 8	TUESDAY APRIL 9	WEDNESDAY APRIL 10	THURSDAY APRIL 11	FRIDAY APRIL 12
10 A.M.				
<div>RETIREMENT 101: HOW TO PLAN FOR YOUR FUTURE</div> <div>Jessica Costelloe, TIAA</div> <div><p>The Nevada System of Education has created a generous retirement offer to help you achieve your retirement goals. Join this session to learn how to maximize the amazing benefits you receive. We will uncover:</p><ul style="list-style-type: none">What is your savings rate and what does your employer save on your behalfHow you can save on both a pre-tax and Roth basisThe other incredible options your NSHE plans provide.</div>	<div>INVESTING 101: GENERAL INVESTMENT THEORY</div> <div>Scott Rethford, TIAA</div> <div><p>Do investment terms sometime seem like a foreign language? Asset Allocation, Fixed-Income, Basis Points? What do they all mean? We can help! Through this webinar we will demystify investment terms to help you take charge of your money in your NSHE retirement plans. We will cover:</p><ul style="list-style-type: none">What are the different asset classesHow to approach creating your investment pie chartWhat are you options if you do nothing or if you want to be more active managing your money</div>	<div>INVESTING 102</div> <div>Manjil Patel, TIAA</div> <div><p>Asset allocation, diversification and portfolio construction might seem complex, daunting and confusing, but investing in your NSHE plans doesn't have to be. Join this session to learn more about the investing methods available to you through your NSHE retirement plans. We help you discover:</p><ul style="list-style-type: none">Various investments to considerRisk tolerance, time horizon and other factors that may affect your investing choicesVarious tools to maximize the power of your savings</div>	<div>MEDICARE FOR NSHE EMPLOYEES AND RETIREES</div> <div>Michelle Kelley, NSHE</div> <div><p>The Medicare system is complicated and has numerous parts to it, join me at this session to understand the basics and have your questions answered. We will review the coverage offered by Medicare Parts A & B and discuss your options for additional coverage, including reviewing the basics of Medicare Part D, Medigap & Medicare Advantage Programs. We will talk about how and when to enroll in Medicare. Finally, we will review how Medicare interacts with your PEBP insurance, both while you are employed and when you retire.</p></div>	<div>PREPARING AN INCOME FOR RETIRMENT</div> <div>Bryt Lewis, TIAA</div> <div><p>Retirement is a big decision. No matter where you are on the road to retirement, resources at NSHE and TIAA can help you make the decisions needed to meet your retirement goals. Join us to understand more and find the help you may need.</p></div>
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<div>TAX NOW OR TAX LATER</div> <div>Mike Mangino, TIAA</div> <div><p>Are your assets properly placed? Your assets can be taxed now or later. The strategies can be complicated. It's personal—learn more about which tax strategies might be best for you and your portfolio.</p></div>		<div>PRESENTATION: NAVIGATING LIFE'S BIG DECISIONS</div> <div>ComPsych (EAP Provider)</div> <div><p>When we're at a crossroads, we often face ambivalence regarding the direction we should take. Common life challenges include: Should I attend college and if so where? Should I get married? Do I want children? Should I move? Should I get a divorce? Some people are able to make decisions without being bogged down by uncertainty. For others, these decisions are filled with angst and can leave them feeling stuck.</p></div>		<div>COMMON ESTATE PLANNING CONSIDERATIONS</div> <div>Bradlee Berk, TIAA</div> <div><p>In life, nothing is certain, but you can help improve your overall financial well-being by creating a plan. In this seminar we will help you think through important lifetime planning issues and estate planning techniques.</p></div>
2 P.M.				
<div>SOCIAL SECURITY 101</div> <div>Annie Walters, Social Security Administration</div> <div><p>Social Security specialists in Nevada will provide an overview of retirement, survivors' benefits and Medicare benefits. In addition, the specialists will discuss how your government pension will affect your Social Security benefit amounts.</p></div>	<div>WRITE YOUR NEXT CHAPTER: 5 STEPS TO SETTING YOUR RETIREMENT DATE</div> <div>Scott Rethford, TIAA</div> <div><p>For anyone starting to think seriously about when to retire, this webinar takes you through five steps to decide when the time is right. This webinar covers estimating retirement expenses, closing any income gap and understanding key milestones that can impact your retirement finances. We'll help you think through how to:</p><ul style="list-style-type: none">Estimate what you'll needAdjust as neededConsider key milestonesProtect your savings</div>	<div>YOUR TAX-ADVANTAGE HEALTHCARE ACCOUNTS</div> <div>Seresa Greer, UNR</div> <div><p>Want to set aside pre-tax dollars to use for eligible healthcare expenses, but not sure how? Need to determine which tax-advantage account fits your needs? Join us as we discuss all things related to a Health Savings Account (HSA), Health Reimbursement Arrangement (HRA) and Flexible Spending Account (FSA).</p></div>	<div>NEVADA PUBLIC EMPLOYEES' RETIREMENT SYSTEM (PERS)</div> <div>Walter Zeron, Nevada PERS</div> <div><p>This workshop helps you understand Nevada PERS benefits and includes a step-by-step presentation of the criteria needed to retire as a PERS member. Eligibility rules, income options, reemployment conditions after retirement, impacts on Social Security and retiree medical options are covered.</p></div>	<div>TALKING ABOUT TOUGH SUBJECTS WITH YOUR ELDERLY PARENTS OR LOVED ONES</div> <div>ComPsych (EAP Provider)</div> <div><p>This course is designed to help adult children and their aging parents or loved ones deal with those sensitive topics that make conversations difficult. How do you talk with your parents about issues associated with aging such as money, moving, health, wills, driving and safety? This course will discuss approaches and strategies to effectively address these and other concerns that impact the elderly adults.</p></div>



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