

YOUR RETIREMENT SHOULDN'T BE A ROLL OF THE DICE

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<p>YOU DON'T HAVE TO PLAY ALONE: LEARN MORE ABOUT ADVICE AND HOW IT MAY HELP YOU ACHIEVE YOUR FINANCIAL GOALS.</p> <p>Kevin Collins, TIAA Michelle Kelley, NSHE Scott Rethford, TIAA</p> <p>As you move along the game board of life and finances, it's good to know help is here. Financial Consultants (FCs) are available to you at no additional charge with the NSHE Retirement Plans. Learn more about how to schedule your appointment, what to expect when you meet with an FC and what information to bring to your appointment to make the most of your time.</p>	<p>THE FINANCES OF PURCHASING YOUR OWN HOME</p> <p>ComPsych (EAP Provider)</p> <p>Buying a home is still the American dream. It's important to understand the process, the parties involved and what's in your best interests financially when making this investment. Learn more about the processes and considerations involved in purchasing a home.</p>	<p>SOCIAL SECURITY AND MEDICARE 101</p> <p>Annie Walters, Social Security Administration</p> <p>In this workshop with Social Security, learn more about how to get the most out of your Social Security benefits as well as when you should file for Medicare.</p>	<p>PASSING GO: WHAT'S COMING OUT OF YOUR PAYCHECK?</p> <p>Michelle Hooper, NSHE Seresa Greer, NSHE</p> <p>Besides your salary, there are many other things involved in your paycheck. With this webinar, you'll learn more about what you pay, what NSHE contributes and how it's reflected in your paycheck.</p>	<p>MAKE YOUR NEXT MOVE: LEARN MORE ABOUT THE NSHE DEFINED CONTRIBUTION RETIREMENT PLAN ALTERNATIVE (RPA).</p> <p>Kevin Collins, TIAA Michelle Kelley, NSHE</p> <p>NSHE is committed to your financial future. The RPA is here to help you reach your retirement goal. By the end of this webinar, you should be able to access your account online, designate your beneficiaries and schedule an appointment with a TIAA Financial Consultant.</p>
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	<p>INTERACTIVE PANEL: HOW DO I PLAY THIS GAME? ASK US YOUR QUESTIONS ON BUDGETING, STUDENT LOAN DEBT AND BALANCING LIFE.</p> <p>Kevin Collins, TIAA Lindsay Clark, Savi Jessica Costelloe, TIAA Manjil Patel, TIAA</p> <p>Did you just start the work game? Confused about what to do next? Prioritizing your financial goals shouldn't be left to chance. Ask us your questions about how to take care of your spending, saving and debt obligations.</p>	<p>MANAGING WORRY AND ANXIETY</p> <p>ComPsych (EAP Provider)</p> <p>Chronic worry that begins to impact quality of life becomes anxiety. Well-intended suggestions to "stop worrying" by applying common stress-management techniques are mostly ineffective. Learn how worry habits develop, and methods to interrupt cycles of worry and anxiety.</p>	<p>INTERACTIVE PANEL: MAKE YOUR LAST MOVES—ASK US YOUR QUESTIONS ABOUT RETIRING.</p> <p>Kevin Collins, TIAA Brenda Peters, NSHE Jessica Costelloe, TIAA Jill Short, NSHE</p> <p>Are you getting ready to cross the finish line into retirement? Have questions about lifetime income or catch-up contributions? Bring those questions to our panel of experts! Their answers today may impact your retirement game.</p>	
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<p>ANOTHER PIECE OF THE GAME: YOUR HEALTH SAVINGS ACCOUNT</p> <p>Brenda Peters, NSHE Seresa Greer, NSHE</p> <p>Want to play your HSA card, but not sure how? Learn more about how you can use your HSA today, tomorrow or in your far future.</p>	<p>DON'T LEAVE YOUR RETIREMENT INCOME TO CHANCE.</p> <p>Benny Goodman, TIAA</p> <p>In this webinar, you'll learn about all the ways you can manage income in retirement, establishing a "point of view" about how to spread your money into different products and asset types to have a more safe and secure retirement.</p>	<p>ADD THIS TO YOUR GAME PLAN: HOW THE NSHE SUPPLEMENTAL 403(B) PLAN MAY HELP YOU ACHIEVE YOUR RETIREMENT GOALS</p> <p>Kevin Collins, TIAA Michelle Kelley, NSHE</p> <p>What's your game plan for retirement savings? Did you know you can save more for retirement with the NSHE Supplemental 403(b)? Learn how this benefit works, why it's important and the steps you need to take to keep your account up to date.</p>	<p>LEARN MORE ABOUT ESTATE PLANNING.</p> <p>Bradlee Berk, TIAA</p> <p>Is estate planning for you? By the end of this session, you should be able to take greater control of your assets, be better prepared for planning conversations and have a legacy plan in place for the future.</p>	<p>RETIRING WITH THE PUBLIC EMPLOYEES' RETIREMENT SYSTEM (PERS)</p> <p>Kim Dawes, NSHE</p> <p>This workshop will help you understand NV PERS benefits, including a step-by-step presentation of the criteria needed to retire as a PERS member. Information will be provided about eligibility rules, income options, reemployment conditions after retirement, impact on Social Security and retiree medical options.</p>

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GBR-2763531PO-O0223P